

Rochester Regional Health

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Fall 2023

RRH Library Newsletter, Fall 2023

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FALL 2023

Transformation Work Streams

Across the health system, teams have been assembled to work on the 19 Work Streams associated with the RRH Transformation plan. If you are involved you may wish to engage with a Librarian as you begin your work stream journey.

A Librarian can help you find relevant information to support your project and will update you as new information becomes available. To start the process, email library@rochesterregional.org.



Deprescribing Opioid Analgesics Guideline

[Clinical practice guideline for deprescribing opioid analgesics: summary of recommendations](#) was recently published in the Medical Journal of Australia. The recommendations focus on adults in primary care settings and offer guidance on safe reduction and cessation of prescribed opioids. The recommendations are based on scientific evidence, informed by expert opinion and include stakeholder and public feedback.

Looking for patient education materials?

The Libraries @ RRH provide convenient access to up-to-date patient education resources and handouts. You can find, save, and print information for your patients by going to databases like [AccessMedicine](#), [Lexicomp](#), [ClinicalKey](#), [Nursing Reference Center](#), and [UpToDate](#). You can also watch a [brief video tutorial](#) for step-by-step information about how to access and utilize these resources.

Check out our [Health Literacy resources](#) and learn how to identify or design effective communication resources for your patients and ensure that these materials are at an appropriate reading level.

Help your patients make informed decisions about their care by directing them to our [Patients and Families](#) pages, which contain links to authoritative sources for consumer health information like MedlinePlus, as well as local organizations and resources.

The Libraries @ RRH are here to help you keep your patients informed and healthy!