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CARE OF THE CAREGIVER

Caregiving means caring for others, whether friends or relatives, who have health problems or disabilities and need assistance. In the past decade care has gone beyond the tasks of transportation, shopping, household chores and personal care. Administering oral and parenteral medications, performing wound care and monitoring signs and symptoms are a few of the more demanding yet routine tasks.

Caregivers often face high levels of stress and extreme demands on their time, energy and finances. The following articles are intended to help the caregiver's plight. If you would like copies or further information on this topic, please contact any library staff member.

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