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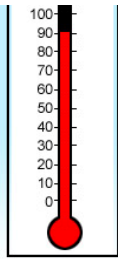
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Rochester General Hospital Edition

August 2011



HEAT-RELATED ILLNESSES

Heat illness includes a range of symptoms, usually starting with mild dehydration, quickly progressing to heat exhaustion and then to heat stroke. Signs of possible heat illness include heavy sweating, feeling weak, headache, nausea or vomiting. In the United States,

approximately 400 people die each year from heat exposure. If you would like copies of any of these articles, or if you would like further information on this or any topic, please contact any Library team member.

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Hajat S. O'Connor M. Kosatsky T., "Health effects of hot weather: from awareness of risk factors to effective health protection." *Lancet*, 375(9717):856-63, 2010 Mar 6.

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Veronesi JF. Bauer J., "Heat emergencies." *RN*, 68(6):46-52, 2, 2005 Jun.

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- ❖ Sat 8:30 AM – 5 PM
- ❖ Sun 12 NOON – 5 PM

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Werner Library's Online Catalog

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Please pardon our dust!

The Library will be open 8am -5pm, Aug 1-5, to allow painting to be done in the evening.

Depending on painting progress, the Library may be closing at 5pm for additional days at the beginning of the next week.

