RRH Library Newsletter, January 2012

Libraries at Rochester Regional Health

Follow this and additional works at: https://scholar.rochesterregional.org/rrhpubs

Part of the Health Sciences and Medical Librarianship Commons

Recommended Citation
Retrieved from https://scholar.rochesterregional.org/rrhpubs/749

This Newsletter is brought to you for free and open access by RocScholar. It has been accepted for inclusion in Rochester Regional Health authored publications and proceedings by an authorized administrator of RocScholar. For more information, please contact Lisa.Buda@rochesterregional.org.
### PSYCHOLOGICAL STRESS AND THE HEART

Several decades of research indicate that chronic mental stress contributes toward developing cardiovascular disease (CVD). Various stress-related hormones have been identified as playing a significant role in its development. The impact of anxiety and depression in the development of CVD is well known and documented.

In addition, acute psychological stress causes a number of physiologic responses that can trigger acute coronary syndromes.

If you would like copies of any of these articles, or if you would like further information on this or any topic, please contact any Library team member.

---


**Chumaeva N. et al.,** “Early atherosclerosis and cardiac autonomic responses to mental stress: a population-based study of the moderating influence of impaired endothelial function.” *BMC Cardiovascular Disorders, 10,* 16, 2010.


---

**Bibliography compiled by Lana Rudy, M.A., M.L.S.**