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## Rochester General Hospital Edition

December 2014

### Frostbite



Frostbite is a pathological condition characterized by tissue damage after exposure to freezing temperatures. It causes a loss of feeling and color and most often affects the nose, ears, cheeks, chin, fingers, or toes. Frostbite can permanently damage the body, and severe cases can lead to amputation. The risk of frostbite is increased in people with poor circulation and among people who are not dressed properly for extremely cold temperatures.

If you would like copies of any of these articles, or if you would like additional information on this or any topic, please contact any Werner Medical Library team member. Also, some articles are available electronically by clicking on the links below.

Arford S. (2008). Treatment of frostbite: a cold-induced injury. [\*Journal of Wound, Ostomy, & Continence Nursing\*, 35\(6\):625-30.](#)

Handford C, Buxton P, Russell K, Imray CE, et al. (2014). Frostbite: a practical approach to hospital management. [\*Extreme Physiology & Medicine\*, 3:7.](#)

Imray C, Grieve A, & Dhillon S. (2009). Cold damage to the extremities: frostbite and non-freezing cold injuries. *Postgraduate Medical Journal*, 85(1007):481-8.

Jurkovich GJ. (2007). Environmental cold-induced injury. [\*Surgical Clinics of North America\*, 87\(1\):247-67.](#)

Kiss TL. (2012). Critical care for frostbite. *Critical Care Nursing Clinics of North America*, 24(4):581-91.

McGillion R. (2005). Frostbite: case report, practical summary of ED treatment. *Journal of Emergency Nursing*, 31(5):500-2.

McIntosh SE, Hamonko M, Freer L, Grissom CK, et al. (2011). Wilderness Medical Society practice guidelines for the prevention and treatment of frostbite. [\*Wilderness & Environmental Medicine\*, 22\(2\):156-66.](#)

Patel NN & Patel DN. (2008). Frostbite. [\*American Journal of Medicine\*, 121\(9\):765-6.](#)

Varnado M. (2008). Frostbite. [\*Journal of Wound, Ostomy, & Continence Nursing\*, 35\(3\):341-9.](#)

Zafren K. (2013). Frostbite: prevention and initial management. *High Altitude Medicine & Biology*, 14(1):9-12.

Bibliography compiled by Mary McVicar Keim, M.S.

### Reminder:

### MD Consult to retire in 2014



MD Consult will no longer be available after December 31, 2014. A new product ClinicalKey® has been launched in its place. A free trial of ClinicalKey® is currently available through our library [webpage](#) from the Resources A-Z list. Watch for more details on ClinicalKey® in January.

### Rename the Library Newsletter

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### Library Hours

Mon - Fri 8:00 AM – 9:00 PM

Sat 8:30 AM – 5:00 PM

Sun 12:00 PM – 5:00 PM

### Holiday Schedule

Dec. 24 – Closing at 6:30PM

Dec. 25 – Closed

Dec. 26 – Closing at 7:00PM

Dec. 31 – Closing at 7:00PM

Jan. 1, 2015 – Closed

Jan. 2, 2015 – Closing at 7:00PM

