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Teaching Heart Failure Patients



By 2030, it is estimated that over 8 million Americans will suffer from heart failure. Teaching heart failure patients about their disease is critical if they are to understand and comply with their treatment plan. Learning how to perform self-care and detect changes in their condition can help avoid negative outcomes and may also reduce readmission rates.

To suggest a topic, please email wellness@rochesterregional.org. To read the full article, click the linked title or contact the Werner Medical Library.

- **Baas LS, et al. (2014).** [Perceived barriers and facilitators to patients receiving 60 minutes of heart failure education: A survey of AAHFN members.](#) *Heart & Lung*, 43(1), 3-5.
- **Boren SA, et al. (2009).** [Heart failure self-management education: A systematic review of the evidence.](#) *International Journal of Evidence-Based Healthcare*, 7(3), 159-168.
- **Boyde M, et al. (2011).** [Educational interventions for patients with heart failure: A systematic review of randomized controlled trials.](#) *Journal of Cardiovascular Nursing*, 26(4), E27-35.
- **Chen AMH, et al. (2011).** [Health literacy and self-care of patients with heart failure.](#) *Journal of Cardiovascular Nursing*, 26(6), 446-451.
- **Hill CA. (2009).** [Acute heart failure: Too sick for discharge teaching?](#) *Critical Care Nursing Quarterly*, 32(2), 106-111.
- **Jaarsma T, et al. (2012).** [Nurses' strategies to address self-care aspects related to medication adherence and symptom recognition in heart failure patients: An in-depth look.](#) *Heart & Lung*, 41(6), 583-593.
- **Kelemen AM, et al. (2016).** [Choosing words wisely in communication with patients with heart failure and families.](#) *American Journal of Cardiology*, 117(11), 1779-1782.
- **Paul S. (2008).** [Hospital discharge education for patients with heart failure: What really works and what is the evidence?](#) *Critical Care Nurse*, 28(2), 66-82.
- **Regalbuto R, et al. (2014).** [Joint Commission requirements for discharge instructions in patients with heart failure: Is understanding important for preventing readmissions?](#) *Journal of Cardiac Failure*, 20(9), 641-649.
- **Riegel B, et al. (2009).** [State of the science: Promoting self-care in persons with heart failure: A scientific statement from the American Heart Association.](#) *Circulation*, 120(12), 1141-1163.
- **Vreeland, DG, et al. (2011).** [A review of the literature on heart failure and discharge education.](#) *Critical Care Nursing Quarterly*, 34(3), 235-245.
- **White M, et al. (2013).** [Is "teach-back" associated with knowledge retention and hospital readmission in hospitalized heart failure patients?](#) *Journal of Cardiovascular Nursing*, 28(2), 137-146.

Heart Failure Resources For Patients & Families:

- [Heart Failure Society of America](#) - education modules
- [American Association of Heart Failure Nurses](#) - tip sheets
- [American Heart Association](#) - tools and resources
- [CardioSmart – American College of Cardiology](#) - workbook
- [Caring for Your Heart](#) - self-management guide
- [MedlinePlus](#) - patient handouts

Health care providers can also find patient education resources in:

- [ExitCare](#)
- [Lexicomp](#)



Werner Medical Library

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