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Depression affects many in the US today; in fact, the CDC puts prevalence in the US population around 8 percent in ages 12 and up. Depression is associated with morbidity and higher mortality and co-occurs with conditions such as cardiovascular disease and after stroke. While at times controversial, depression screening in the medical milieu is recognized as an opportunity to increase well-being if managed with suitable follow-up.

To suggest a topic, please email wellness@rochesterregional.org. To read the full article, click the linked title.

- Tully PJ, et al. (2014). The real world mental health needs of heart failure patients are not reflected by the depression randomized controlled trial evidence. PLoS ONE, 9(1), e85928.

Bibliography compiled by Bonita Archer, M.L.S.