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Rochester General Hospital Edition
March 2017

Heroin and Opioid Abuse



Heroin is associated with addiction to prescription opioid drugs. Ninety-one Americans die every day from an overdose that includes opioids and heroin, according to the Centers for Disease Control and Prevention. Individuals addicted to prescription opioid drugs are 40 times more likely to be addicted to heroin.

To suggest a topic, please email wellness@rochesterregional.org. To read the full article, click the linked title or contact the Werner Medical Library.

- Baird C. (2014). [Prescription drugs or heroin: The overdoses continue](#). *Journal of Addictions Nursing*, 25(2), 63-65.
- Compton WM, et al. (2016). [Relationship between nonmedical prescription-opioid use and heroin use](#). *New England Journal of Medicine*, 374(2), 154-163.
- Darke S. (2016). [Heroin overdose](#). *Addiction*, 111(11), 2060-2063.
- Dion KA. (2016). [Improving outcomes of opioid overdose: Preparing nursing students to intervene](#). *Journal of Addictions Nursing*, 27(1), 7-11.
- Gregg JA & Jones JS. (2014). [What clinical practice strategies can be utilized to help reduce the incidence of heroin abuse in rehabilitation patients on chronic opioid therapy?](#) *Rehabilitation Nursing Journal*, 39(6), 281-284.
- Jones JD, et al. (2014). [Brief overdose education can significantly increase accurate recognition of opioid overdose among heroin users](#). *International Journal of Drug Policy*, 25(1), 166-170.
- Kolodny A, et al. (2015). [The prescription opioid and heroin crisis: A public health approach to an epidemic of addiction](#). *Annual Review of Public Health*, 36, 559-574.
- Malliarakis KD. (2015). [Managing heroin addiction in an outpatient setting: A case study](#). *Journal of Gerontological Nursing*, 41(12), 10-14.
- O'Malley PA. (2016). [Making the journey from opioid and heroin addiction: One map for the clinical nurse specialist](#). *Clinical Nurse Specialist*, 30(5), 257-260.
- Salani DA, et al. (2016). [Heroin use](#). *Journal of Psychosocial Nursing & Mental Health Services*, 54(6), 30-37.

For More Information:

[Heroin](#). Drug Facts (National Institute on Drug Abuse), 2017.

[Prescription painkiller overdoses: A growing epidemic, especially among women](#). CDC Vital Signs, July 2013.

[Today's heroin epidemic; More people at risk, multiple drugs abused](#). CDC Vital Signs, July 2015.

2017 AORN Guidelines

The 2017 edition of the Guidelines for Perioperative Practice are available through the library website. These guidelines provide perioperative standards and recommended practices from the Association of periOperative Registered Nurses (AORN). Use the [More Resources](#) link to connect to these and other library resources.



Werner Medical Library

How to contact us:

(585) 922-4743

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