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## RRH Library Newsletter, August 2020

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## Social Isolation and COVID-19

As the Coronavirus pandemic enters its eighth month, millions of people remain under partial or total lockdown in their communities. Social distancing is a crucial part of slowing the spread of COVID-19, but such long-term isolation may have lasting consequences. Below are a selection of articles examining the scope of the problem and possible solutions.

- [Pseudoscientific beliefs and psychopathological risks increase after COVID-19 social quarantine](#). Escolà-Gascón Á, Marín FX, Rusiñol J, Gallifa J.
- [Prevalence and predictors of general psychiatric disorders and loneliness during COVID-19 in the United Kingdom](#). Li LZ, Wang S.
- [Rapid Systematic Review: The Impact of Social Isolation and Loneliness on the Mental Health of Children and Adolescents in the Context of COVID-19](#). Loades ME, Chatburn E, Higson-Sweeney N, Reynolds S, Shafran R, Brigden A, Linney C, McManus MN, Borwick C, Crawley E.
- [Mitigating the psychological effects of social isolation during the covid-19 pandemic](#). Razai MS, Oakeshott P, Kankam H, Galea S, Stokes-Lampard H.
- [Psychological health during the coronavirus disease 2019 pandemic outbreak](#). Mukhtar S.

By Rachel Becker, MLIS

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## Consumer Health Information

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