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## Development of SHARE: Supportive Holistic Anxiety Reducing Experience in Critical Care

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# Development of SHARE: Supportive Holistic Anxiety Reducing Experience in Critical Care

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## Introduction

Hospitalization can be a stressful time for the patient and their family. Hearing the phrase critical care often leads to immediate disheartening emotion. Questions arise about morality and mortality of treatments and prognostication after receiving test results. Patients and family members appreciate timely updates on the patient's status. Missed or poor communication or miscommunication between the interdisciplinary team and the patient/family can increase anxiety and lead to dissatisfaction.

## Purpose

The purpose of this project is to develop, implement and evaluate the SHARE Program in the Surgical/Neuro Intensive Care Unit (SICU/NCCU). The program seeks to provide support for family members and patients during their stay in the SICU/NCCU.

## PICO

**Population:** Patients/families in Surgical/Neuro Intensive Care

**Intervention:** Best practices for communicating and supporting patients/family members

**Comparison:** Current practice

## Outcomes:

Effect on patient and family satisfaction with overall care

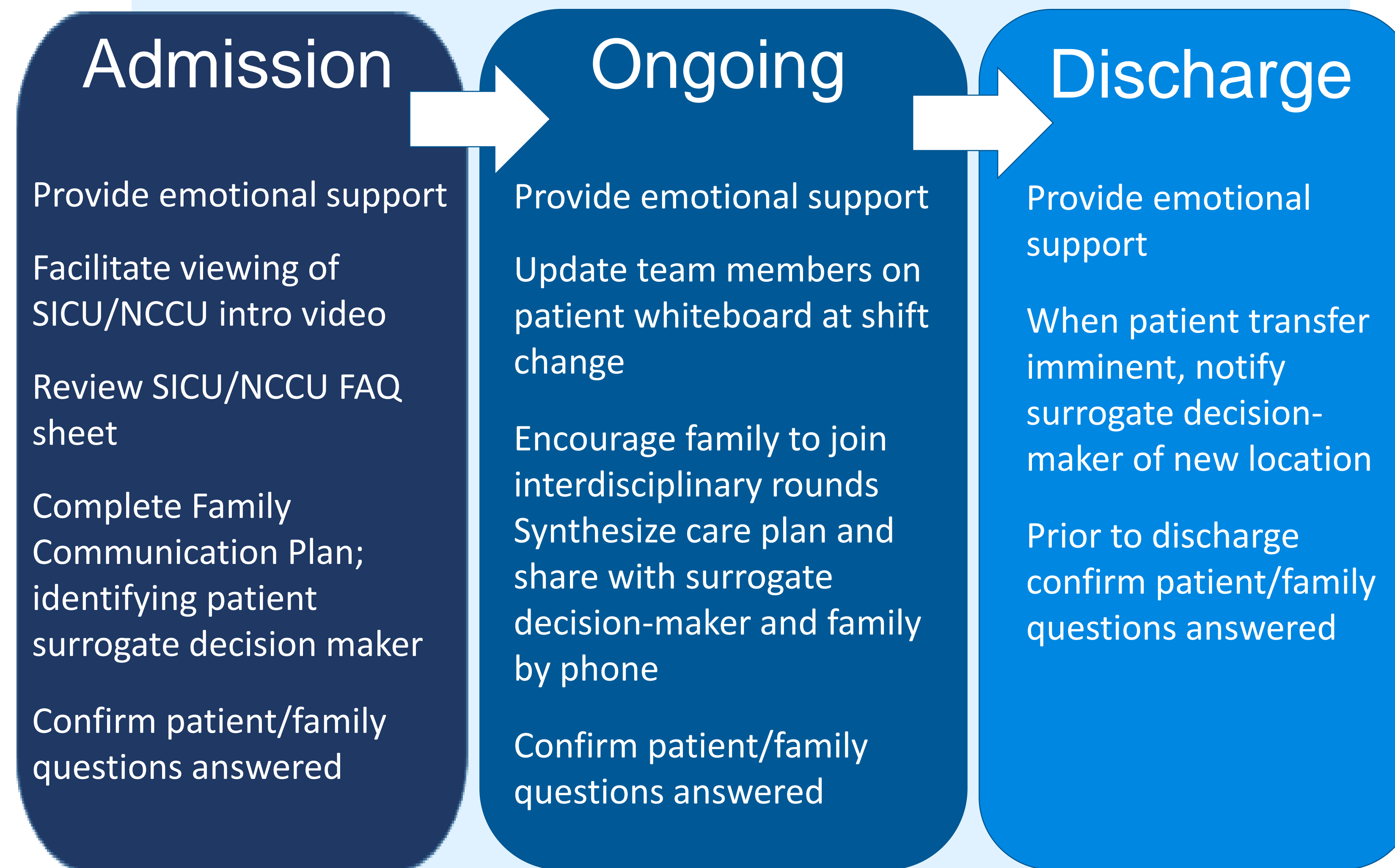
Effect on patient/family and healthcare team communication

Effect on patient/family involvement in decision-making

Effect on family/patient anxiety and stress

## Proposed Evidence-Based Change

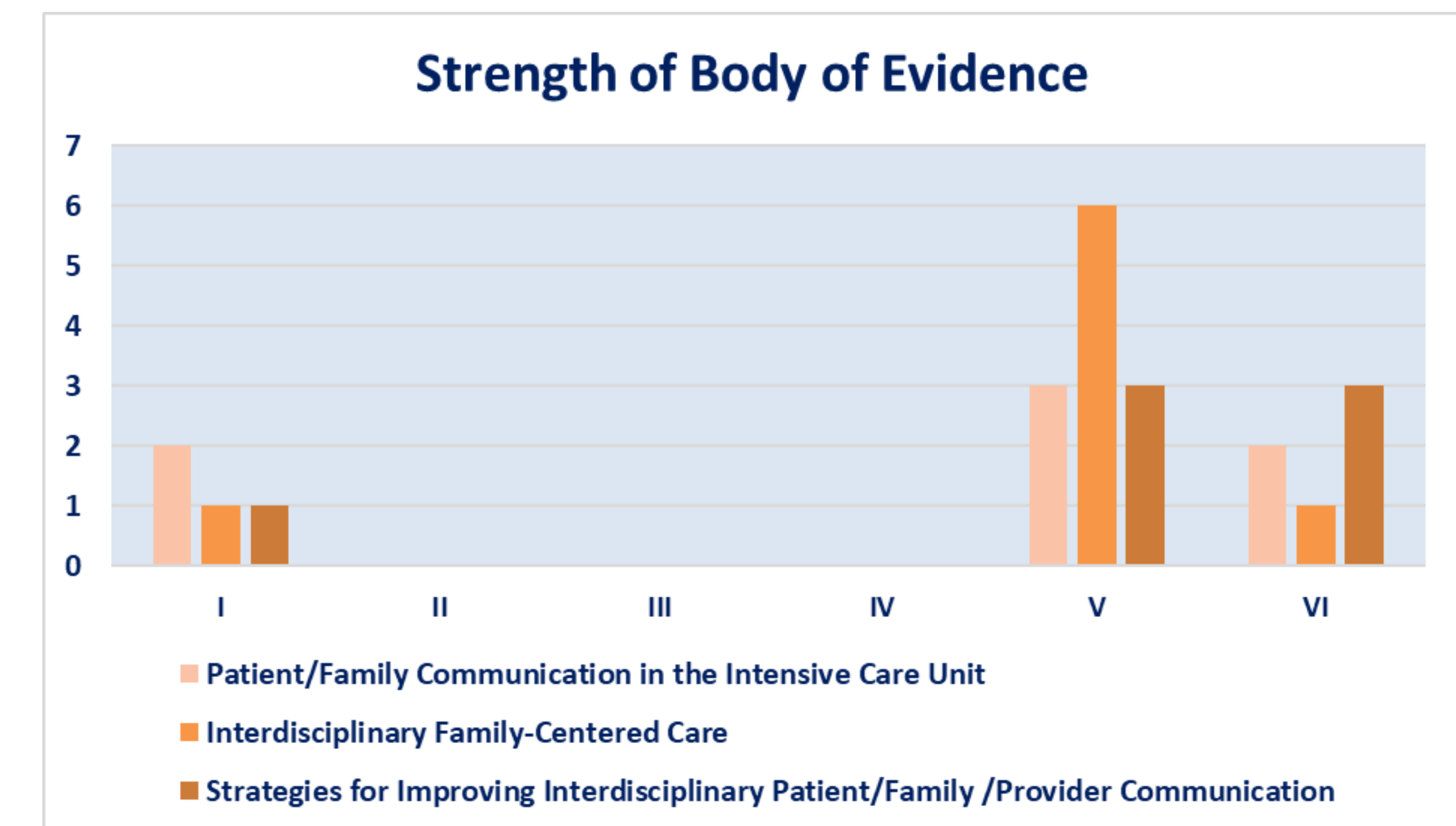
The implementation of an Evidence-Based Interdisciplinary Family-Centered Communication and Support Program in the Surgical/Neuro Intensive Care Unit. The SHARE program consists of the following components/phases: Admission, Ongoing, and Discharge.



## Proposed Resources

A QR Code will be placed by the whiteboard in each patient room. This QR code will be used to access the SICU/NCCU standardized Linktree and other resources. Linktree is a tool that shares multiple links in one central location. Examples of resources can be viewed by scanning the QR code with your phone camera.

Try it!  
Scan with  
your camera.



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