Evidence-Based Practice Liaisons: Supporting EBP Across the Health System

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What is Evidence-Based Practice?

Benefits of EBP

Decrease costs while improving patient care by:
- Decreasing admissions and length of stay
- Improving patient outcomes

Targets Triple Aim
- Improving patient experience of care (quality & satisfaction)
- Improving health of populations
- Reducing per capita cost of health care

Current State, Future Recommendations

"By the year 2020, 90% of clinical decisions will be supported by accurate, timely, and up-to-date clinical information, and will reflect the best available evidence."

EBP Developmental Levels

2023 EBP Initiatives & Accomplishments

EBP Educational Modules were revised and include videos that reinforce content and highlight specific RRH resources to support clinician use of evidence-based practice. All modules are available on HealthStream Learning. ANA credit and clinical ladder points are awarded.

Module 1 Culture of Inquiry and the Seven Steps of EBP (2 CNE)

Clinicians are likely to embrace evidence-based practice when a culture of inquiry exists. This module provides an overview of EBP and how it can be used as a problem-solving approach for the delivery of healthcare while leveraging best evidence, clinician expertise, and patient preferences/values.

Module 2 Asking the Clinical Question and Searching for the Evidence (2 CNE)

PICOT helps identify the components of a clinical issue and will guide the search for evidence. It is important for clinicians to hone their searching skills while recognizing that they should also consult a librarian when necessary.

Module 3 Critical Appraisal of Research Studies (2.5 CNE)

Rapid critical appraisal will determine how well the study was conducted, its worth to practice and its level of evidence. Following critical appraisal, the clinician will use tools such as evaluation and synthesis tables that will help synthesize the evidence and lead to evidence-based practice recommendations.

Module 4 Planning, Implementing and Rolling Out a Practice Change (2 CNE)

EBP projects are likely to fail without adequate planning. The use of a change model will help a team to plan appropriately for implementing and rolling out a practice change.

Module 5 Evaluating, Disseminating and Sustaining a Practice Change (2 CNE)

Evaluation of a practice change is imperative. Sharing your outcomes is a responsibility you owe to your profession. Sustaining a culture which supports evidence-based practice will ensure it flourishes across the organization.

Nursing Journal Club planning is underway. The platform will be virtual and several platforms are being considered which will allow participation from home as well as work. Stay tuned for more announcements in Asking is the Answer.

EBP Presentations to nurses enrolled in the Nurse Residency Program.

Join the EBP Liaisons

We meet virtually.
First Wednesday every month, 3:30-4:30pm
Contact Tami Hartzell if interested in participating.

References


Evidence-Based Practice Liaison Council Tami A. Hartzell, MS, Evidence-Based Practice (EBP) Susan Stell, MSN, RN, CCRN

IOM, 2009

Susan Hubert (2014) Evidence-Based Practice: Supporting EBP Across the Health System